

Sustainable polymers: A report from the Interdisciplinary Symposium in Tübingen, October 9, 2025

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Polymers in Medicine, ISSN 0370-0747, eISSN 2451-2699

Polim Med. 2026;56(1):83–91

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Funding sources

None declared

Conflict of interest

None declared

Acknowledgements

I sincerely thank Professor Monika Rieger for her trust and supervision of this project, which provided valuable insights and experience. I am also deeply grateful to Professor Florian Lotz for his continuous inspiration and steadfast support throughout my interdisciplinary journey. His generous commitment to in-depth discussions and encouragement has enriched my work across ecology, chemistry, medicine, clinical and laboratory research, and academia. Without his mentorship and collaborative spirit, this work would not have been possible. I also thank Christine Shojaei Kawan for her invaluable editorial guidance in refining this manuscript. I gratefully acknowledge the German Academic Exchange Service (DAAD) for its support (Funding Program ID: 57595573), which enabled my initial engagement in both laboratory and clinical research as a physician.

Received on December 27, 2025

Reviewed on February 8, 2026

Accepted on February 26, 2026

Published online on June 30, 2026

Cite as

Schmidt ECS. Sustainable polymers: A report from the Interdisciplinary Symposium in Tübingen, October 9, 2025. *Polim Med.* 2026;56(1):83–91. doi:10.17219/pim/218618

DOI

10.17219/pim/218618

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Abstract

Plastics play a major role in daily life, with unprecedented levels of usage. As anthropogenically produced polymers should be optimized with regard to biodegradability and biocompatibility, green chemistry strategies offer promising pathways. In this context, the symposium on sustainable polymers in Tübingen presented a comprehensive overview of recent advances in polymer research, addressing synthesis and degradation pathways along with environmentally benign catalysts. These developments benefit not only industrial efficiency but also resource conservation and environmental protection. Beyond these sustainability-driven concepts, innovative approaches to biocompatible biomaterials for medical applications and advanced polymer systems for therapeutic drug delivery were highlighted. This conference report presents current polymer research, including contributions from the medical, pharmacological, and ecological fields. To foster interdisciplinary exchange on sustainable polymers, the Tübingen Symposium was initiated by the interdisciplinary faculty College of Fellows: Center for Interdisciplinary and Intercultural Studies at Eberhard Karls University Tübingen, Baden-Württemberg, on October 9, 2025, from 8:30 a.m. to 5:30 p.m., at the Ernst von Sieglin Lecture Hall.

Key words: polymers, nanomedicine, environmental health, microbiology, chemistry

Highlights

- Advances in sustainable polymers and green chemistry: The Tübingen Symposium highlighted cutting-edge research in biodegradable polymers, environmentally benign catalysts, and sustainable polymer synthesis to enhance resource conservation and environmental protection.
- Innovative biomaterials and drug delivery systems: Emerging biocompatible polymer-based biomaterials and advanced therapeutic drug delivery platforms demonstrated the expanding medical and pharmacological applications of sustainable polymers.
- Interdisciplinary collaboration in polymer science: The 2025 Tübingen Symposium fostered cross-disciplinary exchange among experts in medicine, pharmacology, ecology, and materials science, promoting integrated solutions for sustainable polymer development.

Introduction

The Anthropocene is defined as a geological epoch shaped by human activity. One of its defining characteristics is the large-scale production and consumption of polymers. With 445 million metric tons of thermoplastics feeding international markets in 2025,¹ there appears to be a substantial demand for anthropogenically produced polymers in everyday applications as well as in scientific and medical contexts. Consequently, it is necessary to optimize eco-friendly and cost-efficient polymer synthesis pathways and to identify biodegradable and biocompatible biopolymers.² A scientific approach addressing sustainable polymers would help address numerous challenges in environmental and human health sciences. Ever since 2011, sustainability lectures have been held annually in Tübingen. The 2025 meeting was dedicated to sustainability projects in chemistry, advancing them through research, teaching, and science communication. The event was held in the Ernst von Sieglin Lecture Hall, located within Hohentübingen Castle. The lecture on polymer sustainability took place in the very building where Friedrich Miescher isolated, in 1869, a fundamental biopolymer of our cells: DNA. With the advancement of plastic synthesis and production methods, a new generation of polymers has emerged. Thorough investigations into the sustainability of polymers reveal a high degree of complexity, which clearly merits deeper understanding. In parallel, analytical investigations have enabled scientists to address fundamental questions associated with these materials and their sustainability. Thus, the symposium provided a forum for addressing ecological questions such as biocompatibility and biodegradability.

The “Sustainable Polymers” symposium aimed to: 1) present concepts for polymer production incorporating CO₂ capture; 2) promote the use of less toxic catalysts in polymer synthesis; 3) address polymer degradation strategies to reduce annual plastic waste; 4) outline the role of bacteria as biological tools for polymer synthesis; 5) advance the understanding of bacterial degradation processes of naturally occurring polymers such as caoutchouc, while further

elucidating their limitations with respect to anthropogenically produced polymers; and 6) highlight the application of nanosized polymers as drug-coating materials in medical therapies as a novel approach. The program covered polymer synthesis and degradation strategies alongside the use of polymers in drug delivery and medical applications and was presented to an interdisciplinary audience, largely consisting of students and scientists in chemistry. Given that the symposium was open to academics from all disciplines, the aim was to present current problems and solution-oriented content and to promote participation in future events, thereby making it possible to benefit from expertise from across the globe (Fig. 1).

The College of Fellows at the University of Tübingen, which supported the organization of this event, is a young initiative first launched in 2022, aiming to provide international research fellows with the opportunity to collaborate across disciplines and explore disciplinary boundaries in an open, pressure-free environment. Open to the entire academic community, the symposium fostered dialogue, knowledge sharing, and networking.

The idea of polymer sustainability was strongly supported by chemists, and the Tübingen Symposium was initially established to foster knowledge exchange among them. Beyond chemical strategies – such as developing bio-based polymers from plant-derived epoxide resins combined with CO₂ capture – the symposium integrated other disciplines, providing valuable impetus for future research at the interface of sustainability, biotechnology, and medical applications. Notably, advances in pharmacology and microbiology have also contributed to polymer science, further expanding knowledge relevant to human health.

On October 9, 2025, the Department of Inorganic Chemistry in Tübingen hosted the symposium on sustainable polymers, which was attended by approx. 50 participants – primarily members of the Faculty of Chemistry. Nine invited speakers from 4 countries and institutions shared their expertise in polymer science, providing a holistic overview of current environmental challenges and medical limitations in nanopolymer-based drug delivery systems.

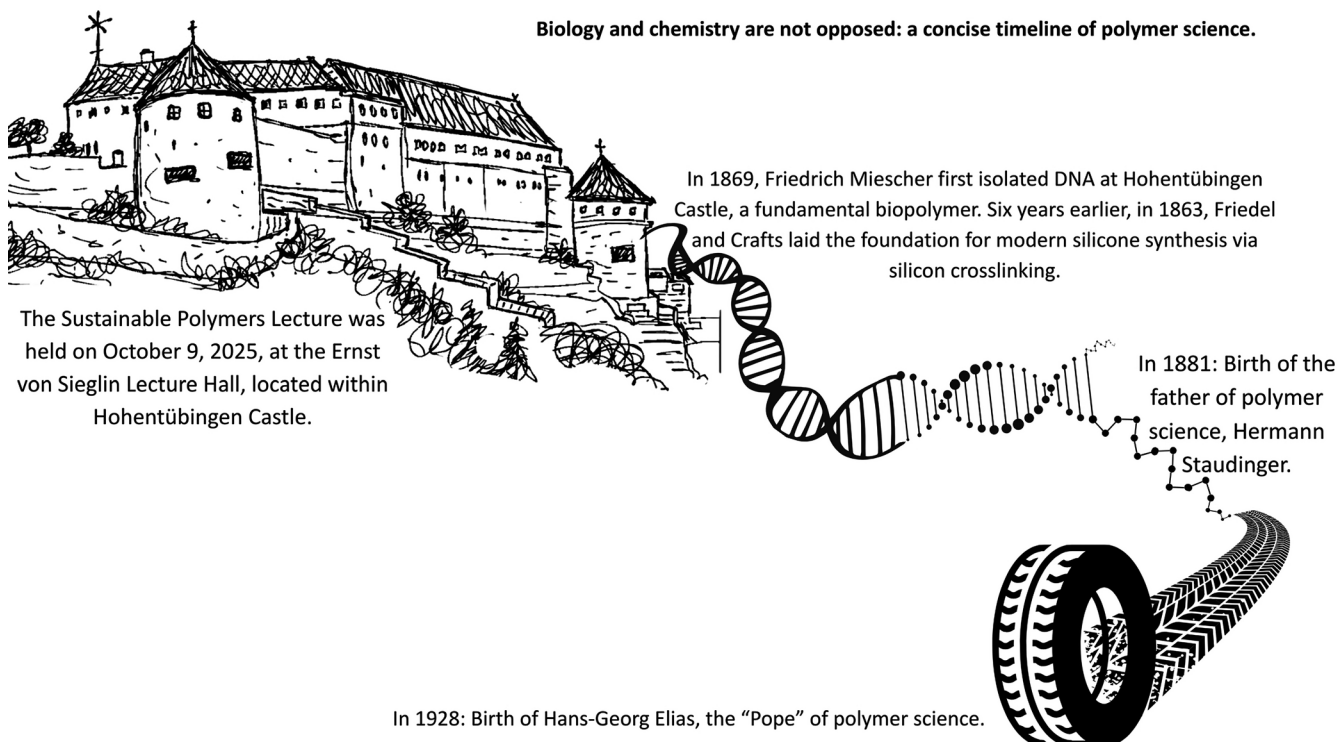


Fig. 1. Biology and chemistry are not opposed: a concise timeline of polymer science

Overall, the speakers highlighted emerging ecological crises and potential future economic impacts, emphasizing the urgency of addressing these challenges to prevent further escalation. A distinctive feature of the symposium was the opportunity to examine polymer science from the perspectives of chemistry, medicine, and microbiology. The one-day symposium included short discussion sessions following each lecture. Issues addressed included rising CO₂ emissions, plastic waste, reliance on petroleum and rare earth elements, and the prolonged degradation

of plastics. Proposed solutions included integrating CO₂ into catalytic synthesis, recovering rare earth elements, developing biodegradable thermoplastics with CO₂-binding capacity, and employing cultivated bacterial strains as an ecological alternative to conventional polymer production. In addition, applications of nanopolymers for targeted drug delivery were discussed. Participants suggested that future events should maintain a similar balance between polymer research and its advancements, and environmental and health-related topics (Table 1).

Table 1. Invited speakers and topics from the Interdisciplinary Symposium about Sustainable Polymers

Discipline	Speaker	Institution	Title	Topics
Inorganic Chemistry	Prof. Dr. Reiner Anwander	Eberhard Karls University Tübingen	Opening Remarks	<ul style="list-style-type: none"> Sustainability topics since 2011 • Summer Course 2025: Emerging Concepts & Issues in Polymer Synthesis & Degradation
	Prof. Dr. Megan E. Fieser	University of Southern California, Los Angeles Wrigley Institute for Environment and Sustainability, University of Southern California	Simple Rare Earth Metal Catalyst Systems for the (De) polymerization of Emerging Polyesters and Polycarbonates	<ul style="list-style-type: none"> Chemistry under mission: teams POL & DEPOL • Epoxide/anhydride copolymerization: opportunities and challenges • Tunable Lewis acidity • Impact of catalyst structure Anhydride mixtures • Lanthanide scope Impact of H₂O • Metal ionic liquids • Catalyst impact on molecular weight • Ring-closing depolymerization • Impact of substituted urea
	Prof. Dr. Arjan W. Kleij	Institut Català d'Investigació Química	Catalysis as a Key Driver for the Transformation of Biomass into Engineering Polymers	<ul style="list-style-type: none"> ROCOP of polylimonene carbonate (PLC) • PLC recycling • Bio-based epoxy adhesives and polycaprolactone (PLCO) ROP/ROMP of aliphatic polycarbonates ROCOP of cyclic anhydrides • Fatty acid-based polyesters • Bio-based carbon feedstock • Catalysis & polymer engineering • De- and repolymerization of PLC via terpene-based polymers (TBD) Bio-based bifunctional monomers

Table 1. Invited speakers and topics from the Interdisciplinary Symposium about Sustainable Polymers

Discipline	Speaker	Institution	Title	Topics
	Paul Preisenberger	Eberhard Karls University Tübingen	Isoselective Ring-Opening Polymerization of Racemic β -Butyrolactone Using Calcium Catalysts	<ul style="list-style-type: none"> • ROP study of PHA biopolyesters • Poly-3-hydroxybutyrate (PHB) with potentially high biodegradability • Elongation at break: 5% • Challenges in industrial scalability • Depolymerization of <i>A. faecalis</i> & <i>P. pickettii</i> • Calcium-binding complex for ring-opening polymerization of β-butyrolactone with regard to medical compatibility and cost-effective scaling
	Prof. Dr. Erwan Le Roux	University of Bergen	Mechanistic and Selectivity Studies of N-Heterocyclic Carbene Pincer Metal Catalysts in CO ₂ -Derived Polymer Synthesis	<ul style="list-style-type: none"> • CO₂-based polymer synthesis • ROCOP of epoxides with CO₂; CO₂-polyurethane synthesis • Catalytic ROCOP: key to selectivity & activity • Bimetallic and monometallic systems for ROCOP • Titanium as a less toxic, non-endangered element • NHC-based group complexes • Nature of the NHC backbone • V-complexes • "Ate" complex formation
	Philipp Wetzel	Eberhard Karls University Tübingen	Recycled Rare-Earth Metals for Isoprene Polymerization	<ul style="list-style-type: none"> • Natural caoutchouc (degradability: <i>S. coelicolor</i>, <i>P. citronellolis</i>) • Nd-catalyzed rubber polymerization of polyisoprene • Annual Nd material demand for renewables in 2030 & 2050 • Alkali baking
Microbiology	Philipp Fink	Eberhard Karls University Tübingen	A Novel Strategy for Sustainable PHB Production in Filamentous Cyanobacteria	<ul style="list-style-type: none"> • Plastic waste • Cyanobacteria & oxygenic photosynthesis • PHB in <i>Synechocystis</i> sp. PCC 6803 • <i>Nostoc</i> sp. PCC 7120 • PHB production • New production strategy using an inducer • Inducible PHB production: NosPHB4.0 (1); NosPHB4.0 (2) • Tetracycline at different concentrations
	Prof. Dr. Dieter Jendrossek	University of Stuttgart	Enzymatic Biodegradation of Rubber and Fossil Hydrocarbon Polymers	<ul style="list-style-type: none"> • <i>Steroidobacter gummioxidans</i> • Rubber oxygenase A (RoxA) • RoxA & RoxB comparison • Degradation of polyethylene, polystyrene, PVC • Myths of the superworm and its degrading enzymes • Polyethylene is not biodegradable
Pharmaceutical Technology	Yasaman Pourdakheli-Hamedani	Eberhard Karls University Tübingen	Poly(solketal acrylate) as a Versatile Tool for Ocular Delivery Applications	<ul style="list-style-type: none"> • Ocular barriers • Polymer synthesis & characterization • Nanoparticle formulation and encapsulation • Evaluation in vitro & ex vivo

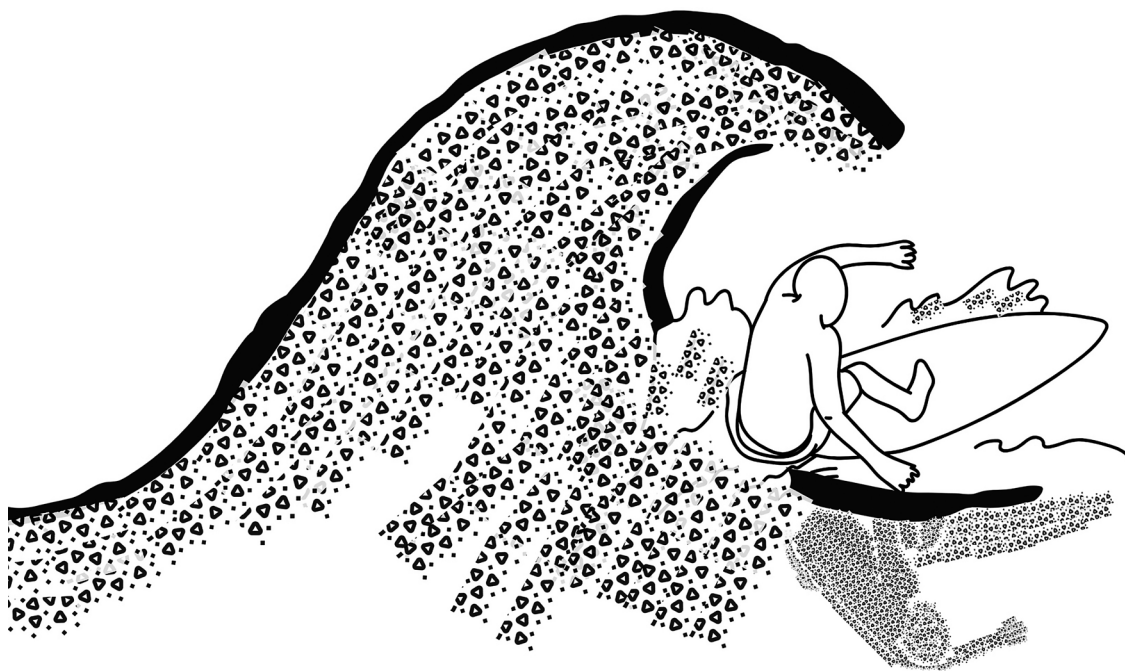
CO₂ integration and plastic pollution challenges

From the outset of the symposium, the urgency of addressing global plastic pollution was underscored – most notably through the observation that every individual on the planet has a plastic counterpart,³ as stated by chemist Professor Dr. Arjan Kleij (Tarragona, Spain) (Fig. 2). Kleij introduced CO₂ as a potential feedstock to circumvent conventional petroleum-based polymer synthesis: “Bio-based carbon constitutes a versatile feedstock,”⁴ enabling the transition toward more sustainable material platforms.

Kleij’s group has developed catalytic methods to incorporate CO₂ into substances such as fatty acids, sugars, and terpenes (secondary plant metabolites)⁵ to create novel bio-based polymeric materials. Key synthetic strategies include ring-opening polymerization techniques (ROP), ring-opening copolymerization (ROCOP) of polylimonene carbonate (PLC) and fatty acids,⁶ and ring-opening metathesis polymerization (ROMP) of cyclic anhydrides for

the synthesis of “renewable and biodegradable polymers such as aliphatic polyesters.”⁷ These synthetic pathways are grounded in catalytic processes and are designed with sustainability in mind, strategically utilizing atmospheric CO₂ as a carbon source. Kleij also addressed the topic of aliphatic polycarbonates synthesized through ROP and ROMP, which are expected to gain considerable relevance in the biomedical field due to their favorable biodegradability and modular structural properties.⁸

Finally, Kleij highlighted depolymerization and subsequent repolymerization approaches, exemplified by terpene-based polymers (TBD)-mediated degradation and reformation of polycaprolactone (PCL), presenting it as a model system for circular polymer chemistry.⁹



Breaking the plastic wave because “every individual on the planet has a plastic counterpart.”

Fig. 2. “Every individual on the planet has a plastic counterpart”

N-heterocyclic carbenes: A pivotal role for lower energy and toxicity in polymer synthesis

Professor Dr. Erwan Le Roux (Bergen, Norway) also presented novel strategies for CO₂-derived polymer synthesis, highlighting the significance of these less energy-intensive processes as a sustainable alternative. In particular, he emphasized their potential to generate new polycarbonate materials while circumventing the use of toxic chemical intermediates such as bisphenol A and phosgene.⁵

He and his research team have identified N-heterocyclic carbenes (NHCs) as remarkably adaptable molecular scaffolds, particularly in the context of CO₂-binding ROCOP. N-heterocyclic carbenes, coordinated with Group 4 transition metals such as titanium (Ti), zirconium (Zr), and hafnium (Hf), function as stable, electron-rich ligands with strong σ -donor capacity. Their incorporation permits precise control over the electronic and steric environment of the catalyst, thereby enhancing reactivity and selectivity and enabling the design of tailored polymer architectures. Ring-opening copolymerization catalyzed by NHC-based Group 4 complexes permits up to 99% alternating CO₂ insertion into polycarbonates.⁶

Furthermore, Le Roux emphasized that the nature of the NHC backbone – specifically whether it is saturated or unsaturated – plays a pivotal role in the formation of catalytically active species. Demonstrating remarkable efficiency in terpolymerization, Hf- and Ti-NHC catalysts

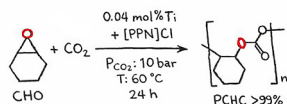
facilitate the selective synthesis of diblock terpolymers from a diverse array of cyclic anhydrides (Fig. 3).

New horizons in synthesis, upcycling and depolymerization with Team POL (Polymerization) and Team DEPOL (Depolymerization)

Professor Dr. Megan Fieser (Los Angeles, USA) has held the title of New Horizons Fellow at Eberhard Karls University Tübingen since 2024, in recognition of her pioneering research at the interface of polymer synthesis, recycling, and upcycling. Her research program is structured into two teams: Team POL (polymerization) and Team DEPOL (depolymerization processes). Accordingly, Team POL represents polymer synthesis activities, whereas Team DEPOL focuses on the development of tailored depolymerization procedures. The POL group investigates copolymerizations involving diverse epoxides and cyclic anhydrides, providing the opportunity to construct over 400 distinct polyester structures. Notably, these structures can be modified after polymerization and are likely to be both degradable and biocompatible. Although biocompatibility is achieved, the resulting polymers often fall short of reaching sufficiently high molecular weights and exhibit undesirable side reactions. Moreover, a universal “one-size-fits-all”

Sustainable Polymerization Models

Prof. Le Roux reports bis(phenolate) NHC group-4 cocatalysts for cyclohexene oxide/ CO_2 copolymerization especially for CO_2 -binding ring-opening copolymerisation (ROCOP).



Prof. Kleij combines CO_2 with natural products like limonene to create bio-based polymers.

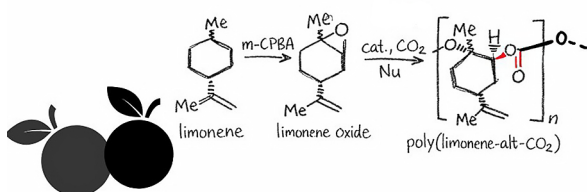


Fig. 3. Sustainable polymerization models

catalyst remains elusive, and the catalysts that are effective tend to be both atom- and time-intensive to produce.⁷ By leveraging the effects of Lewis acidity and the size of lanthanide salts, the ring-opening copolymerization of diverse epoxides and cyclic anhydrides is significantly enhanced.⁸ Fieser's other research team has developed divergent strategies for the depolymerization of polyesters, opening selective degradation pathways tailored to the polymers' structure and intended recovery applications.⁹

Lanthanide baking for neodymium recovery

Philipp Wetzel, a researcher in the group of Professor Dr. Reiner Anwander (Tübingen, Germany), addressed problems related to the limited availability of rare-earth materials. Polyisoprene, a key material for rubber wheels, is the product of vulcanized caoutchouc (chemically crosslinked using sulfur). Globally, approx. 14.2 million tons of polyisoprene enter the market each year. Rare-earth metals are required for the polymerization process. On average, around 30 g of neodymium (Nd) are required per ton of polyisoprene produced. Given the scarcity of neodymium and the growing uncertainties in its supply amid increasing market demand, Philipp Wetzel presented a chemical extraction technique via alkali baking as an effective method for recovery.



Calcium-catalyzed synthesis of biodegradable β -butyrolactone

Paul Preisenberger and Nicolas Czimmer, researchers in the group of Professor Dr. Reiner Anwander (Tübingen), presented a calcium-based catalyst complex for the synthesis of β -butyrolactone (BBL), a biodegradable compound. Beta-butyrolactone can be polymerized using this catalyst, analogous to those employed in lactide ROP. This method offers improved initiation control by leveraging calcium as an inexpensive and non-toxic metal to effectively conduct the ROP of BBL. It thus presents a promising route for scalable and environmentally compatible biopolymer synthesis.

Bacteria-produced polymer: PHB – a biodegradable, biocompatible CO_2 storage polymer

Philipp Fink, who works under the supervision of Professor Dr. Karl Forchhammer (Tübingen), presented his concept of harnessing cyanobacteria as functional natural production platforms for the biosynthesis of biodegradable and biocompatible polyhydroxybutyrate (PHB). It serves as a carbon storage polymer and can accumulate to as much as 90% of the cell dry weight (CDW) under nutrient-limiting conditions.¹⁰ In this context, he aimed to overcome the limitations of low PHB yield during autotrophic

growth in cyanobacteria¹⁰ by integrating continuous PHB biosynthetic machinery¹¹ from *Cupriavidus necator* into genetically amenable filamentous cyanobacteria of the genus *Nostoc* sp. PCC7120. Preliminary findings demonstrated that the resulting transformants successfully initiated PHB production.¹⁰ Fink underscored the potential industrial applicability of cyanobacteria for PHB production, achieving up to 30% (w/w) PHB relative to CDW, while noting that further optimization and development remain possible (Fig. 4).

Bacteria-produced oligomers: plastic degradation

Professor Dr. Dieter Jendrossek (Stuttgart, Germany) provided insights into bacterial polymer degradation. Caoutchouc, poly-(1,4-cis-isoprene), is harvested from *Hevea brasiliensis*, the rubber tree, and *Taraxacum kok-saghyz*, the Russian dandelion. During the industrial processing of polyisoprene rubber, effluents are released into both aquatic and terrestrial ecosystems. As a result, polyisoprene-degrading bacteria originally assigned to the genus *Xanthomonas* and later reclassified as *Steroidobacter gummioidans* were identified. Their capacity to degrade polyisoprene is attributed to depolymerizing enzymes, namely rubber oxygenase A (RoxA)¹², rubber oxygenase B (RoxB), and latex clearing protein (Lcp).¹³ The oligo-isoprenoid degradation products vary depending on the enzyme involved.

Rubber oxygenase A generates C₁₅ oligo-isoprenoids and is structurally characterized by a dead-end binding

pocket that determines a precise cleavage pattern. This enzyme operates via an exo-type cleavage mechanism and undergoes open–closed conformational transitions. In contrast, RoxB utilizes a substrate-penetrating tunnel, enabling endo-type cleavage of the polyisoprene backbone.¹⁴ Consequently, RoxB produces a heterogeneous mixture of oligo-isoprenoids, typically including C₂₀, C₂₅, C₃₀, and higher chain lengths.¹⁵

Latex clearing proteins (Lcps), which are structurally distinct from both RoxA and RoxB, also catalyze endo-type cleavage through a mechanism similar to that of RoxB.¹⁴ The resulting degradation products resemble those generated by RoxB, comprising oligo-isoprenoids ranging from C₂₀ to C₃₀ and beyond. Collectively, these findings underscore the metabolic capacity of bacteria to degrade natural rubber.

Microbiological capacities and limitations in polymer degradation

In a second presentation, Prof. Jendrossek reported on his long-term, biannual literature searches, consistently using the search terms “PE” and “degradation” to assess the publication landscape. He identified an exponential increase in publications addressing the bacterial degradation of industrial polymers.¹⁴ The publishing momentum shows no indication of decline and has expanded to include studies on mealworms and larvae, which, according to some authors, are reported to digest polyvinyl chloride (PVC), polyethylene (PE), and polystyrene (PS) through the

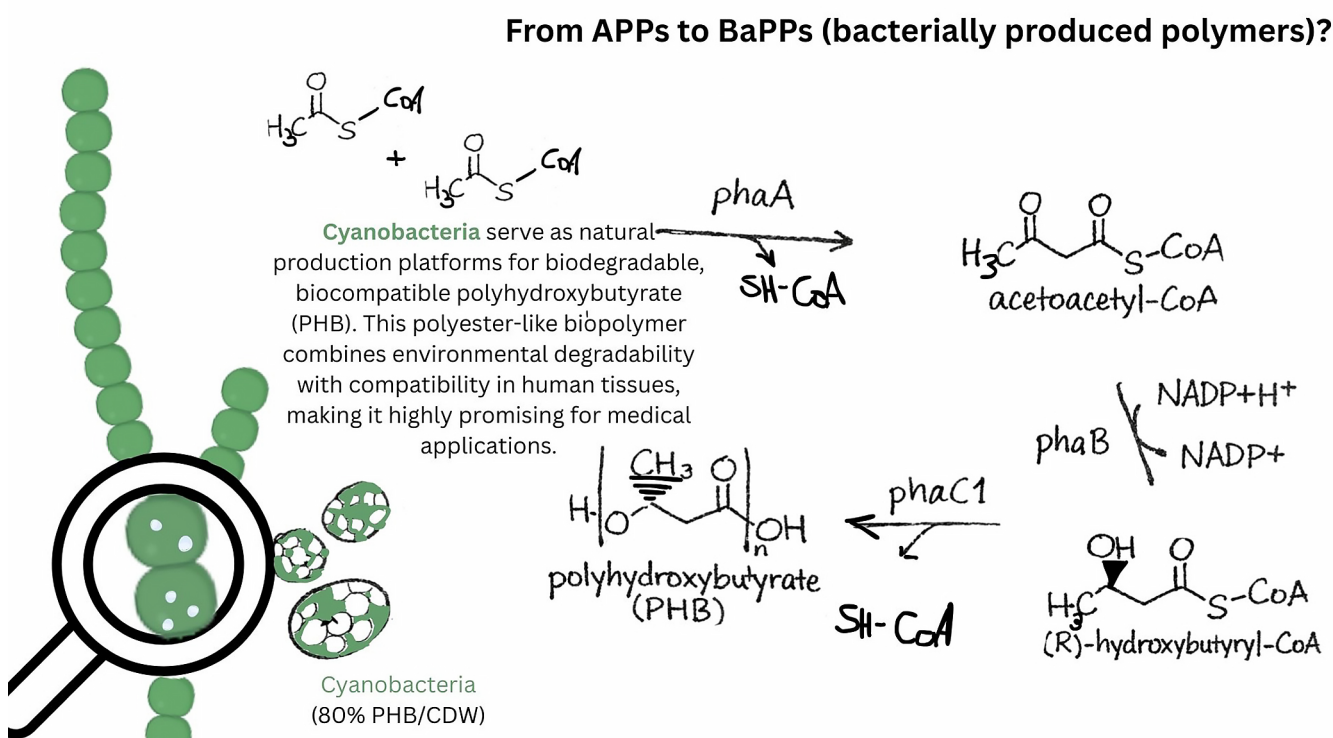


Fig. 4. From APPs to BaPPs (bacterially produced polymers)?

action of specialized enzymes.^{14,16,17} Professor Jendrossek subsequently evaluated these claims using isotopic analysis following the Pee Dee standard from South Carolina. His findings indicated that the calculations reported in the publication by Yang et al.¹⁷ were not consistent with the isotopic data.¹⁸

Precise polymers: nanoparticles for drug delivery

In her presentation entitled “Poly(solketal acrylate) as a versatile tool for ocular delivery applications”, Yasaman Pourdakheli-Hamedani, under the supervision of Prof. Dr. Friederike Adams (Stuttgart) and Dr. Sven Schnichels (Tübingen), introduced a novel perspective on sustainable polymers, focusing on the application of non-toxic, spherical nanopolymer structures for localized gene therapy. Her studies involve polymer synthesis and characterization, nanoparticle formulation and encapsulation, and evaluation of their application both in vitro and ex vivo. Her ambition is to develop these nanoparticles (NPs) as drug delivery agents administered via local ocular injection. Local ocular injection is employed to circumvent the first-pass effect, minimize systemic toxicity, and facilitate gene therapy for age-related macular degeneration, diabetic retinopathy, retinitis pigmentosa, and Leber congenital amaurosis.¹⁹ Furthermore, Pourdakheli-Hamedani outlined several challenges faced by nanoparticle-based ocular drug delivery, including diffusion limitations, nanoparticle aggregation, epithelial barriers, tear clearance, and limited permeability.²⁰ Additionally, nanoparticle-based drug delivery systems must overcome ocular barriers such as tight junctions, efflux pumps, enzymatic degradation, limited permeability of large particles, and immune responses.²⁰ In Pourdakheli-Hamedani’s study, poly(solketal acrylate) (PSA₁₀₀), a homopolymer, was selected as the amphiphilic carrier polymer that self-assembles into micellar nanostructures. She explained that the well-dispersed spherical NPs, “exhibiting minimal aggregation and a negative surface charge, facilitate efficient diffusion in the vitreous humor.”²⁰ She demonstrated that PSA₁₀₀ nanoparticles (PSA₁₀₀-NPs) maintained ideal cell viability across all particle concentrations. In vitro tests with retinal pigment epithelium ARPE-19 cells and primary-derived Müller cells showed time- and concentration-dependent uptake of Nile red-loaded PSA₁₀₀-NPs. The final ex vivo test on porcine retina was successfully conducted, demonstrating uptake of Nile red-loaded PSA₁₀₀-NPs in the outer nuclear layer, inner nuclear layer, and ganglion cell layer.

Conclusions

The Tübingen symposium on sustainable polymers was a unique opportunity for researchers to network and engage in broad interdisciplinary exchange on topics that provide valuable impetus and are exploratory in nature. In particular, the combination of environmental degradability and human biocompatibility offers promising opportunities for applications, especially in the field of medicine.² One salient observation from the symposium is the need to open the field to researchers from other disciplines. Polymer research is a broad domain in which green chemistry is far from the only discipline playing a major role. Bacteria-based polymer production, as envisioned by microbiologists, holds significant potential for the development of future biodegradable and biocompatible materials. Another point of interest was the limited effectiveness of current biological degradation processes, as claims regarding some worms’ ability to degrade plastics were shown to be unfounded. Moving forward, events in polymer science, such as the Sustainable Polymer Symposium, should be leveraged to promote the exchange of current research while more extensively incorporating contributions from medical, pharmacological, and ecological disciplines in future gatherings.

Use of AI and AI-assisted technologies

Not applicable.

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